



**Elly Bauman**  
Executive Director

**Back in November 2020, I quoted the following song in my Post Article:**

**"I miss my mom, I miss my dad I miss the road, I miss my band Givin' hugs and shakin' hands It's a mystery, I suppose Just how long this thing goes, But there'll be crowds and there'll be shows And there will be a light after dark Someday when we aren't six feet apart".**

**The song was written by Luke Combs during the height of Covid and is entitled "Six Feet Apart". Back in November 2020, these lyrics made me cry. Today, while I do not cry when hearing this song, I definitely get emotional. The Covid pandemic was still raging back in November 2020 and many of us had not seen our family in 8 months. Today, August 2022, we are still fighting Covid but the fight is different. Today we are trying to figure out how to live our lives with the lingering threat of Covid; how to find the balance between staying healthy and socializing with friends and family.**

**We realize everyone is at a different comfort level with how they approach this post Covid world. My hope is that we all show patience and understanding for ourselves and each other. Stay safe, stay healthy and wear a mask!**

## Candle lighting

## Shabbat

## Havdalah

**08/05.....6:34pm-6:54pm**

**08/12.....6:30pm-6:50pm**

**08/19.....6:20pm-6:40pm**

**08/26.....6:15pm-6:35pm**

**08/06... (Tisha B'Av -no  
Havdalah until after the fast**

**08/13.....8:40pm**

**08/20.....8:30pm**

**08/27 .....8:16pm**

## **Mazel Tov**

- Mr. and Mrs. Lothar Kahn on the engagement of their great granddaughter.
- Esther Reiss on the birth of a great granddaughter.
- Barbara Bergman on the birth of a great granddaughter.
- Alice Chernoff on the engagement of her granddaughter.
- Esther Lichtstein on the birth of twin great granddaughters.
- Shirley Zeffren on the birth of a great grandson.
- Ethel Silverstein on the marriage of her grandson.
- Fran & Ron Martin celebrating their 49th wedding anniversary.
- Renee and Rabbi Lifsics on the birth of a granddaughter.
- Mr and Mrs Kahn on the engagement of a grandson.
- Jack Maryles on birth of a great grandson.
- Sharon Cohen and Miriam Suss on the birth of their great grandson.
- Sharon Cohen on the Bar mitzvah of her great grandson.

## **August Birthdays**

**Rabbi Mel Lifsics .....08/04**

**Bernice Goldstein.....08/10**

**Sam Myers.....08/12**

**Elaine Stein.....08/14**

**Lawrence Perlmutter.....08/22**

**Fran Martin.....08/25**

**Ann Yavner.....08/28**

**Tova Zylberman.....08/28**

## **In Memoriam**

**R' Norbert Rosenthal**

**Elaine Stolper**

**Shaney Goldstein**

**Shayle Gerstein**



## SOMEONE YOU SHOULD KNOW - Doris Rabinovitz



Doris only moved to Park Plaza two months ago but it seems like she has lived here for years. She quickly adjusted to life at Park Plaza and has made fast friends. "What's not to like?" says Doris. A variety of activities, delicious meals with friendly and helpful wait staff and cleaning service, the list of amenities that Doris takes advantage of are endless.

The trips and outings are what Doris really looks forward to taking advantage of. Most recently Doris found the guided murals of Rogers Park "fascinating".

Doris grew up in Hyde Park as an only child. She went to Northeastern University and received a master's degree in guidance and counseling. She worked in this field for many years but retired early so she could travel, which is her true passion. Doris has been on almost every continent and describes herself as an adventure seeker. One of her favorite trips was an 11-mile hike down the Nankoweap Trail in the Grand Canyon. With 11 miles of waterless exposure, and trails just inches from deadly drops, Nankoweap Trail requires skill and nerve to hike. It was one of her most memorable experiences.

Doris had been living in a beautiful condo just a few blocks from Park Plaza when she realized she needed an elevator. Selling her condo was a challenge but thankfully she was able to do so recently. What matters most to Doris is maintaining friendships and connections despite our differences.

## Rabbi Eitan Allen

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I hope everyone is enjoying their beautiful summer. The summer is always punctuated by the three-week period in the Hebrew calendar where we observe two fasts and have three weeks of curtailed happiness, culminated with Tisha B'Av which falls out this year in early August. We mourn for the exile of the Jewish people, the calamities of Jewish history and the loss of our closeness with G-d symbolized by the destruction of the two Temples.

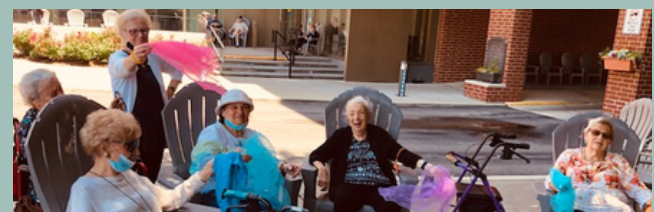
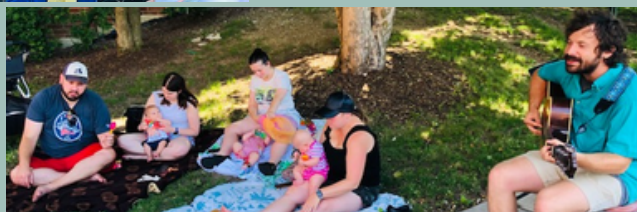
Although it is always difficult to mourn and contemplate our shortcomings as a people, it is also very ennobling. Our sages teach us that the main cause of the destruction was an abundance of senseless hatred between fellow Jews. People that may have looked different than us, spoken different, or had different interests were pushed away for no good reason. Honestly, is there ever a good reason to hate our Jewish brothers and sisters? Thankfully, our rabbis teach that the remedy for this problem is love for our fellow Jews even when it may be unsupported and unsolicited. One of my favorite parts of Park Plaza is our wonderful community. We have had a number of new residents in the last few months. Here is the perfect opportunity to show that necessary unconditional love for each other. Go introduce yourself when you see an unfamiliar face. Be friendly to friends and neighbors just because. Try to look at those around you as part of your extended family or community and they will do the same. Let's all try to increase our appreciation for one another in this beautiful community that we are all a part of.

Wishing you a very Happy August,

Rabbi Allen



# Park Plaza Family



## Cooking Demo With Chef Romel





# August

Sunday	Monday	Tuesday	Wednesday
	1 4 Av	2 5 Av	3 <b>Spelling Bee</b> SMART AS A BEE! CAN BEE!
7 10 Av <b>Tisha B'Av</b> TISHA B'AV	8 11 Av	9 12 Av	10 <b>Gilded Aged Band</b> 6:45 Outside
14 17 Av <b>Jeff and Janice Duo</b> 1:45pm Outside	15 18 Av	16 19 Av	17 <b>Retroactive Band</b> 60's & 90's Music 6:45pm Outside
21 24 Av <b>Ice Cream Social</b> Featuring Flippinout Outside 2:00pm	22 25 Av	23 26 Av	24 <b>Rita's Italian Ice &amp; Custard Outing</b> Bus Departs 1:45pm
28 1 Elul <b>The Norbert Band</b> Outside 1:45pm	29 2 Elul <b>Park Plaza Variety Show</b> Multipurpose Room 6:45pm	30 3 Elul	31 <b>Michael Le Allen Kaye</b> Tribute to G Outside 6:



# 2022

Wednesday	Thursday	Friday	Saturday
<p>6 Av 4</p> <p><b>Back Dining Room 2:30pm</b></p>	<p>7 Av 5</p>	<p>8 Av 6</p> <p><b>Candle Lighting 6:34pm-6:54pm</b></p>	<p>9 Av 6</p> <p><b>(Tisha B'Av – no Havdalah until after the fast)</b></p>
<p>13 Av 11</p> <p><b>Devil Wears Prada Outing</b></p>	<p>14 Av 12</p> <p><b>Camp Tov Volunteers 1:00-3:00pm Outside</b></p>	<p>15 Av 13</p> <p><b>Candle Lighting 6:30pm -6:50pm</b></p>	<p>16 Av 13</p> <p><b>Havdalah 8:40pm</b></p>
<p>20 Av 18</p> <p><b>Casino Outing Bus Departs 11:00am</b></p> 	<p>21 Av 19</p> <p><b>Sheryl's Boutique TV Room 12:00-4:00pm</b></p>	<p>22 Av 20</p> <p><b>Candle Lighting 6:20pm-6:40pm</b></p>	<p>23 Av 20</p> <p><b>Havdalah 8:30pm</b></p>
<p>27 Av 25</p> <p><b>Star Brass Band 6:45pm Outside</b></p>	<p>28 Av 26</p>	<p>29 Av 27</p> <p><b>Candle Lighting 6:15pm-6:35pm</b></p>	<p>30 Av 27</p> <p><b>Havdalah 8:16pm</b></p>
<p>4 Elul</p> <p><b>Rich &amp; Quartet ershwin 45pm</b></p> 			

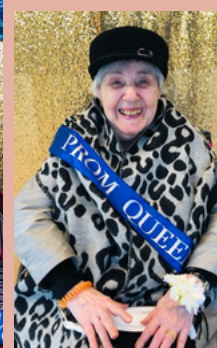
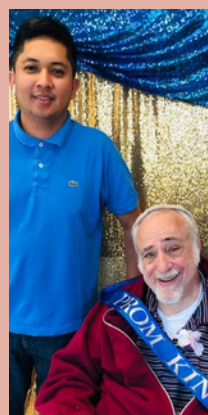
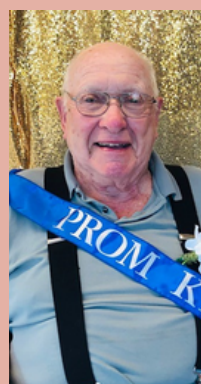
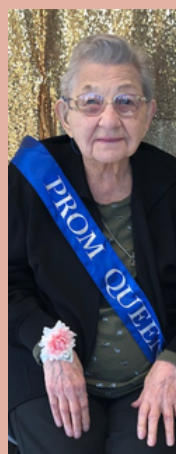


# Prom





# Night





# Trips and Outings





# Fun Activities



# Birthday Party!!!!!!





**August 3rd 2:30pm- Back Dining Room**

Park Plaza Spelling Bee



**August 10th 6:45 pm - Outside**

Gilded Age Band (25 piece band)

**August 10th - Bus Departs at 12:30pm**

Devil Wears Prada The Play Outing



**August 11th 1:00-3:00pm - Outside**

Join Camp Tov Volunteers

**August 14th - 1:45 pm - Outside**

Jeff and Janis Duo

**August 17th - 6:45 pm - Outside**

RetroActive Band playing 60's and 70's music



**August 17th - Bus Departs at 11:00am**

Casino Outing

**August 18th TV Room 12:00-4:00pm**

Sheryl's Boutique (clothes, jewelry, gifts)

**August 21st 2:00pm - Outside**

Ice Cream Social at Park Plaza featuring Flippinout

Please Invite your Families!



**August 24th Bus Departs at 1:45pm**

Outing to Rita's Italian Ice and Custard

**August 24th - 6:45 pm Outside**

Star Brass Band New Orleans Style

**August 28th - 1:45 pm Outside**

The Norbert Band

**August 29th- 6:45pm Multipurpose Room**

Park Plaza Variety Show



**August 31st at 6:45pm - Outside**

Michael Lerich and Allan Kaye Quartet Tribute to Gershwin

**Park Plaza Birthday Party**

**Thursday, August 25th**

**Back Dining Room - 1:45pm**

**Park Plaza**  
a jewish senior living community

**6840 N. Sacramento**

**Chicago, IL. 60645**

**773 465 6700**

**www.park-plaza.org**