

Elly Bauman -  
Executive Director

Happy December! As 2022 comes to a close, many people decide to make New Year's Resolutions; they commit to changing something about themselves in the new year. Most people do not stick with their resolution for very long. As I searched the internet for some inspiring stories about people who kept their resolution, I came across the following story: Rhys signed up for a beginners' yoga class to combat a stressful time in his life.

"The circumstances were a combination of recovering from injury, illness in the immediate family, and losing one of my best friends, Daisy the dog," he said.

"I need something to keep me active and offer some aspect of wellbeing or meditation. Trying something new and taking care of myself was quite important for me."

Rhys said his biggest challenge was turning up on the first day having "no real understanding of how the next hour-and-a-half was going to pan out."

"I was, of course, met with a bunch of smiling faces and mats just as new as mine."

After a year of committing to the self-imposed task, he has a message to those thinking about doing the same.

"Don't just make a resolution for the sake of doing it, make sure you have some passion before setting out."

"The worst thing that will happen is that you will learn what you don't like doing, you might even find some you like."

As we end 2022 and begin 2023, I would encourage everyone to find their passion and try something new: attend a new class, read a new book, enjoy an outing, or make a new friend. Here at Park Plaza, there are so many occasions for people to be involved and learn.

## SHABBAT TIMES

### DECEMBER

### CANDLE LIGHTING

### HAVDALAH

12/2-12/3

3:59-4:19 PM

5:06 PM

12/9-12/10

3:59-4:19 PM

5:06 PM

12/16-12/17

4:00-4:20 PM

5:08 PM

12/23-12/24

4:03-4:23 PM

5:11 PM

12/30-12/31

4:08-4:28 PM

5:16 PM



# DECEMBER BIRTHDAYS



Simmie Shandalov	12/3
Ruth Shayman	12/8
Joanne Lowenstern	12/9
Bea Wyetzner	12/9
David Nathan	12/9
Sarah Baver	12/9
Jerome Hershstein	12/25
Diane Begun	12/28
Bernard Bromberg	12/29



# WELCOME TO PARK PLAZA

Cynthia Levin  
Roberta & Gidon Lavi



# MAZEL TOV



Fran and Ron Martin on the  
Bar Mitzvah of their  
grandson

Sue and Lothar Kahn on  
the weddings of two  
grandsons

Sue and Lothar Kahn on  
their 70th Wedding  
Anniversary

Rose and Lou Goldsmith on  
the wedding of their  
grandson

Lee Glickman on the  
wedding of her  
granddaughter

Esther Reiss on the birth of  
a great-granddaughter

David Nathan on the  
wedding of his great-  
granddaughter



# IN MEMORIAM

Miriam Loterstein



# **SOMEONE YOU SHOULD KNOW - MIMI LEDERMAN**



After living at her sister's home in Skokie Mimi came to Park Plaza 9 months ago. Mimi lived with her sister up until her sister sadly passed away. Not wanting to be alone, Mimi and her family looked for a place where she would have plenty of opportunities to be social, meet new friends, and have a safe living environment, so they all thought Park Plaza would be the best place for Mimi to call home.

As someone who loves being social and very friendly, Mimi's favorite thing about Park Plaza is the people. Living at Park Plaza Mimi can be active in her body and mind, as she feels comfortable and safe whenever she leaves her apartment. "I can always find a friend and be at home in a warm environment. The staff is always so warm and comforting. If you feel like participating great, if not that's okay." Mimi also states that without Al she would never go on the bus for outings, "Al makes me feel safe and comfortable. He always helps me on and off the bus." She goes on to say, "I am physically able to do it. I never thought I could but everyone encouraged me and I felt wonderful after."

Mimi grew up on the West Side, as the oldest of three children. After high school, Mimi worked at Sears designing catalogs. She was one of the only Jews working at Sears at that time, and no one knew she was Jewish. If her coworkers found out she would have been fired.

Mimi went on to get her master's in teaching from Northeastern University and then taught at Hillel Torah Day School for over 20 years. Throughout all her years at Hillel Torah, she had the opportunity to teach every grade. Mimi loves children and adored trying to get them to learn. She says, "I never failed them, my students were precious to me." Although her passion was teaching, to keep herself busy, during the summer months when school was out Mimi worked at Kwik Travel Agency.

Mimi met her husband Leo at the pharmacy where he worked. They were married for 40 wonderful years and have three children together. Sheri, Michelle, and Barry. She has many grandchildren and great-grandchildren as well as many loving nieces.

Mimi's family is the love of her life. They matter the most to her.





# FROM THE RABBI'S DESK



Chanukah is almost here. Chanukah is a time when we celebrate miracles. The oil found by the Maccabees was only supposed to last for one night, yet it burned for eight days until more pure oil could be produced. The most famous Chanukah question is, why do we celebrate on the first day when the oil was supposed to last that night? There was nothing miraculous about the first night, why don't we celebrate the 7 subsequent nights when there was an open miracle? There are hundreds of answers to this question.

One of the most basic and yet most profound causes us to take a closer look at the world around us. We expect that when you fill up a cup of oil and place a wick into and light it that the wick and the oil will burn. In truth, this is a miracle as well. The world is full of such miracles, that our eyes open in the morning, that our legs can hold us up on our feet, and that our hands can move and grasp. These are just a few of the myriad of miracles around us all the time in the amazing natural world that G-d makes every day. The first night of Chanukah reminds us not to take the natural world for granted. Hashem is allowing it to function in a predictable pattern so we often miss the miracles behind the natural order. On Chanukah, we give thanks for unusual miracles that Hashem bestows upon us, but let us also give thanks for the natural miracles of the everyday. This Chanukah when we can see the candles burning and taste the latkes remember there is also a miracle in that too.

Wishing everyone a joyous and illuminated Chanukah!

Rabbi Allen

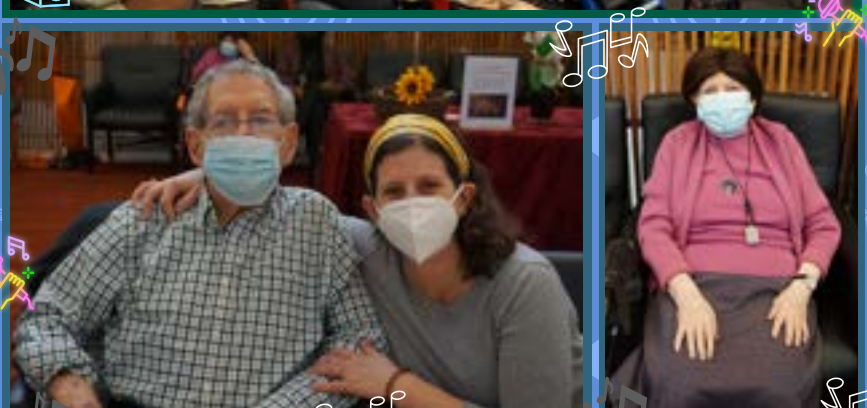




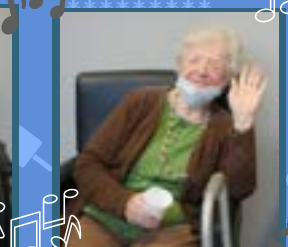
# GAMES



# KARAOKE



# MUSIC



# DECEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY



wishing you  
A HAPPY  
HANUKKAH



celebrating  
HANUKKAH

**4** 10TH OF KISLEV  
Family Chanukah Party @ 2 PM - Multipurpose room  
Violinist Itzhak Perlman - Evening Outing

**5** 11TH OF KISLEV  
Civic Orchestra of Chicago Musicians for Bach Marathon week @ 2 PM - Multipurpose room

**6** 12TH OF KISLEV

**7**  
Pianists Katrina Vincent Catalano piano duet @ Multipurpose room

**11** 17TH OF KISLEV  
Dear Evan Hansen - Bus Departs @ 12:30 PM - Broadway in Chicago  
Maya Kramer Musical Bingo @ 1:45 PM - Back Dining Room

**12** 18TH OF KISLEV

**13** 19TH OF KISLEV

**14**  
Yan Skladman Back Dining Room

**18** 24TH OF KISLEV  
Violinist Mihai Vlad @ 1:45 PM - Back Dining Room



Chanukah

**19** 25TH OF KISLEV



Chanukah

**20** 26TH OF KISLEV



Chanukah

**21**  
Maxwell Klezmer concert @ 6:45 PM - Dining Room



Chanukah

**25** 1ST OF TEVET



Chanukah

**26** 2ND OF TEVET

**27** 3RD OF TEVET

**28**  
Ron Lowy Duo Acoustic and Vocalist @ Back Dining Room

MONDAY, JANUARY 2ND - WELCOME 2023 NEW YEAR'S PARTY! -



# 2022

WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
		17TH OF KISLEV	28TH OF KISLEV	29TH OF KISLEV	30TH OF KISLEV	31ST OF KISLEV	1ST OF TEVET
Ma Sudman and Piano classical @ 6:45 PM - Rose Room		Sheryl's Boutique @12-3 PM - TV Room	Paparazzi Boutique @12:30 - 3:30 PM - TV Room	er Chanukah 5 PM - Back Room	Chanukah	Chanukah	Chanukah
@ 6:45 PM - ng Room							
acoustic Guitarist @ 6:45 PM - ng Room		Park Plaza Birthday Party @ 1:45 PM Back Dining Room					

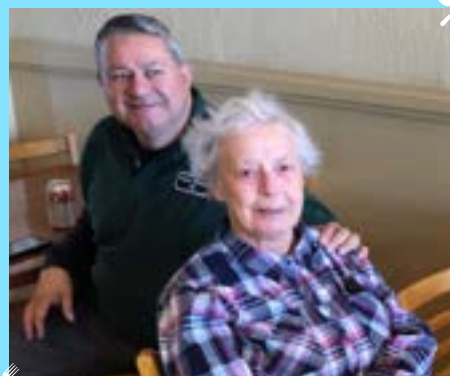
SWING DANCE BAND - 6:45 PM - MULTI-PURPOSE ROOM



# FLOWERS



## MIZRAHI GRILL



## GET ON YOUR FEET

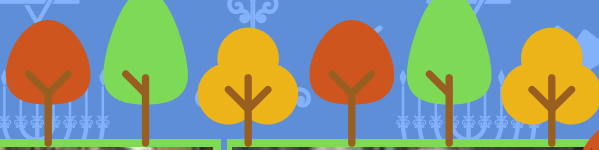


## STAY Active!





# OUTSIDE



# EXERCISE CLASSES



# DRUMMING



# SHABBAT ONEG

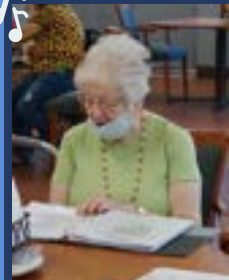




# EDIBLE CRAFTS



## SING-ALONG





# HAPPY BIRTHDAY!!



# BIRTHDAY PARTY!







**Sunday, December 4th - Chanukah Party - Featuring John P. Hopkins (Magician/Comedian) - 2 PM - Multipurpose Room**



**Sunday, December 4th - Violinist Itzhak Perlman - Symphony Center Chicago - Evening Outing**



**Monday, December 5th - Civic Orchestra of Chicago Musicians for Bach Marathon Week - 2 PM - Multipurpose Room**



**Wednesday, December 7th - Pianists Katrina Sudman and Vincent Catalano Classical Piano Duet - 6:45 PM - MultiPurpose Room**



**Thursday, December 8th - Sheryl's Boutique - 12-3 PM - TV Room**



**Sunday, December 11th - Dear Evan Hansen - Bus Departs: 12:30 PM - Broadway In Chicago**



**Sunday, December 11th - Maya Kramer Musical Bingo - 1:45 PM - Back Dining Room**



**Wednesday, December 14th - Yan Skladman - 6:45 PM - Back Dining Room**



**Thursday, December 15th - Paparazzi Boutique - 12:30-3:30 PM - TV Room**



**Wednesday, December 21st - Maxwell Klezmer Chanukah Concert - 6:45 PM - Back Dining Room**



**Wednesday, December 28th - Ron Lowy Duo Acoustic Guitarist and Vocalist - 6:45 PM - Back Dining Room**





**Park Plaza December Birthday Party**  
**Thursday, December 29th**  
**@ 1:45 PM - Back Dining Room**



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