

THANK YOU FOR YOUR DONATION TO THE EMPLOYEE HOLIDAY FUND

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Marlene

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Denardo

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Yosselyn

Ruben

Neil

Jay

**YOU ARE THE REASON OUR
PARK PLAZA COMMUNITY
IS SO SPECIAL! WE ARE ALL
SO APPRECIATIVE OF YOUR
GIFT.**

SHABBAT TIMES

January

Candle Lighting

Havdalah

1/5 - 1/6

4:13 - 4:33 pm

5:21 pm

1/12 - 1/13

4:20-4:40 pm

5:28 pm

1/19 - 1/20

4:28-4:48 pm

5:35 pm

1/26 - 1/27

4:37-4:57 pm

5:43 pm

January Birthdays

Doris Rabinovitz	1/1
Harold Kaufman	1/5
Anetta Friedman	1/7
Bitsy Simon	1/7
Rose Pergricht	1/8
Lee Taxer	1/10
Linda Morgan	1/11
Edith Feldman	1/12
Gladys Wahl	1/15
Max Kreitman	1/23
Hilda Braun	1/25
Bruce Golovan	1/31

Welcome To Park Plaza

Annetta Friedman
Max Kreitman

Mazel Tov

- ❄ Renee and Rabbi Mel Lifsics on the Bat Mitzvah of their granddaughter
- ❄ Sarah Baver on the engagement of her granddaughter
- ❄ Carol Lee Taxer on the engagement of her grandson
- ❄ Elaine Stein on the birth of a great-granddaughter
- ❄ Lee Glickman on the birth of great-grandson
- ❄ Sue and Lothar Kahn on the birth of a great-grandson
- ❄ Rachel Stern on the engagement of her granddaughter
- ❄ Maxima and Rabbi Burt Wax on the bat mitzvah of a great-granddaughter

Park Plaza's Indoor Garden

Park Plaza has found a new way to connect its residents to nature. This past week, the community launched an innovative indoor gardening program – Eldergrow's DIY Therapeutic Horticulture Program. Eldergrow, an award-winning Seattle-based company, offers therapeutic gardening programs to elders in residential and skilled communities. Through this new partnership, their residents are now able to nurture a lush indoor garden and engage in therapeutic horticulture.

"It brings us gratitude that our residents can safely interact with nature throughout their days. Eldergrow and our incredible staff now make that possible", says Elly Bauman, Executive Director at Park Plaza.

Studies show that therapeutic horticulture reduces depression, improves balance, and lowers the risk factors for dementia by 36%. Park Plaza will care for their Therapeutic Horticulture Garden and program with the help of an extensive online portal full of gardening tips, lesson plans, and daily bonus activities. The DIY Therapeutic Horticulture Program also includes monthly plant deliveries to keep the garden growing and changing throughout the year.

"We are excited to start our new partnership with Park Plaza," Says Eldergrow's CEO and founder, Orla Concannon, "This is easily a reflection of the innovative wellness that the community provides to their residents because if you have a healthy garden, you know you have a healthy community!"



From The Rabbi's Desk



Rabbi Eitan Allen

On January 1st, 1892 the first immigrants landed at Ellis Island which was officially opened that January. Until 1954, Ellis Island processed millions of new arrivals to America. People with hopes and dreams of a better life on these shores. We all undoubtedly know people who went through Ellis Island, some may be your parents or grandparents. Their story is no doubt fascinating as it

is family lore. There are even Jokes told about all the name changes that were processed. I even heard one story of a Jewish man from Eastern Europe who changed his name to Benjamin Franklin Schwartz to fit in better. Regardless of your story, we all have origins in this country that make us more or less American. These stories set us apart and tell the unique story of how Jews made their mark on the American landscape. Whether you are first generation American, 2nd or an immigrant yourself we all have a story to tell.

In the weekly Torah reading, we just finished telling the story of Jacob and his 12 sons. How they quarreled and ultimately made peace and how they came down to the land of Egypt. These stories tell us who we are and where we come from and give us lessons to use for where we are going. So it is with our own stories they serve as a guidepost to future generations when they tackle their unique challenges. They also remind us where we are from and ground us to our roots. Whatever your story is, how you got to Park Plaza and Chicago it is valuable. It no doubt has many life lessons hiding under the surface. Please share with your friends and neighbors your story. Tell us your story and we will be richer for knowing it.

Wishing you a great month and a happy new year,

Rabbi Allen

Choir Chanukah Concert



January

Sunday

Monday

Tuesday

Wednesday

1

20 Tevet

2

21 Tevet

3

Movie Outing
Violinis
Chertok
Back Dini

7

26 Tevet

Ring in 2024 w/
Midnight Stars
Orchestra @ 3pm -
Multi-Purpose Room

8

27 Tevet

9

28 Tevet

10

Skokie Library
Pianist
Hoffman
Back Dini

14

4 Shevat

Flutes and movement w/
Carlo and Kinnari @ 1:45pm
Rosh Chodesh Shvat
program with Kreindel
Pinkus @ 2:30 pm

15

5 Shevat

16

6 Shevat

17

Outing to Museum
Chertok
Guitarist St
6:45pm - Back
Dining Room

21

11 Shevat

Chip Covington @
1:45pm - Back Dining
Room

22

12 Shevat

23

13 Shevat

Winter Show Boutique
with Ronia 11am - 3pm
Movie Outing: The
Color Purple - The
Musical

24

Daniela Bis
@ 6:45pm
Dining Room

28

18 Shevat

Guitarist Gus
Friedlander @ 1:45pm -
Back Dining Room

29

19 Shevat

30

20 Shevat

31

Outing: H
Museum E
Have Wh
Hav

2024

Wednesday Thursday Friday Saturday

22 Tevet ng: Wonka t Aviva @ 7pm - ing Room	4 Rabbi Menachem Levine - Kabbalah @ 3:30pm - Room 104	5 23 Tevet Candle Lighting 4:13-4:33pm  	6 24 Tevet Havdalah 5:21pm 
29 Tevet ary Outing Mark @ 6:45pm - ng Room	11 1 Shevat Rabbi Menachem Levine - Messianic Fervor @ 3:30pm - Room 104	12 2 Shevat Candle Lighting 4:20-4:40pm  	13 3 Shevat Havdalah 5:28pm 
7 Shevat ain Pizza lavi u Frank @ ack Dining om	18 8 Shevat Rabbi Menachem Levine - The Debacle of Shabtai Tzvi @ 3:30pm - Room 104	19 9 Shevat Candle Lighting 4:28-4:48pm  	20 10 Shevat Havdalah 5:35pm 
14 Shevat enius Duo m - Back Room	25 15 Shevat January Birthday Party @ 1:45pm - Back Dining Room	26 16 Shevat Candle Lighting 4:37-4:57pm  	27 17 Shevat Havdalah 5:43pm 
21 Shevat olocaust xhibit: I'll at She's ing			

Chanukah Candle Lightings



Chanukah Card Making



Park Plaza's Chanukah Party



Park Plaza's Chanukah Party



Happy Birthday!!



Birthday Party



- ❄️ Wednesday, January 3rd
Let's Go to the Movies: Wonka - AMC Village Crossing 18 in Skokie - Bus Departs @ 11:30am
- ❄️ Wednesday, January 3rd
Violinist Aviva Chertok @ 7pm - Back Dining Room
- ❄️ Thursday, January 4th
Rabbi Menachem Levine, CEO of Joan Dachs Bais Yaakov - Yeshivas Tiferes Tzvi @ 3:30pm
- Room 104
- ❄️ Sunday, January 7th
Ringing in 2024 with The Midnight Stars Orchestra @ 3pm - Multi-Purpose Room
- ❄️ Wednesday, January 10th
Outing: Skokie Library - Bus departs @ 1:30pm
- ❄️ Wednesday, January 10th
Pianist Mark Hoffman @ 6:45pm - Back Dining Room
- ❄️ Sunday, January 14th
Flutes and movement with Carlo and Kinnari @ 1:45pm - Back Dining Room
- ❄️ Sunday, January 14th
Rosh Chodesh Shvat program with Kreindel Pinkus @ 2:30pm
- ❄️ Wednesday, January 17th
Kosher Taste of Chicago: Main Pizza Chalavi Bus leaves @ 11:00am
- ❄️ Wednesday, January 17th
Guitarist Stu Frank @ 6:45pm - Back Dining Room
- ❄️ Sunday, January 21st
Chip Covington @ 1:45pm - Back Dining Room
- ❄️ Tuesday, January 23th
Let's Go to the Movies: The Color Purple - The Musical Version - AMC Village Crossing 18 in Skokie
- ❄️ Wednesday, January 24th
Daniela Bisenius Duo @ 6:45pm - Back Dining Room
- ❄️ Sunday, January 28th
Guitarist Gus Friedlander @ 1:45pm - Back Dining Room
- ❄️ Wednesday, January 31st
Holocaust Museum Exhibit: I'll Have What She's Having - A History of Jewish Deli & a Hologram Show

Thursday, January 25th
January Birthday Party
@ 1:45 PM - Back Dining Room

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