



Elly Bauman -
Executive Director

“The wedding is an event, love is a practice. The graduation is an event, education is a practice. The race is an event, fitness is a practice. The heart, mind, and body are endless pursuits.”

From James Clear on his “3-2-1 Thursday” blog post

At Park Plaza, we strive to create opportunities for you to engage with your heart, mind, and body. Our exercise classes and walking club encourage you to move your body. Our classes and visiting Rabbis inspire your mind. Our Thoughts for Israel Class and musical performers stir your heart. All the pieces of our schedule combine to provide a well-rounded week for everyone. L’Chaim – to your health!

Shabbat Times

March

3/1-3/2

3/8-3/9

3/15-3/16

3/22-3/23

3/29-3/30

Candle Lighting

4:31-4:51 pm

4:37-4:57 pm

6:38-6:58 pm

6:45-7:05 pm

6:53-7:13 pm

Havdalah

6:25 pm

6:33 pm

7:41 pm

7:49 pm

7:57 pm



March Birthdays



Rose Goldsmith	3/3
Maxima Wax	3/7
Joe Eng	3/8
Shirley Zeffren	3/9
Leila Handleman	3/10
David Stern	3/10
Etta Katz	3/17
Irving Charnowitz	3/17
Emily Podgursky	3/18
Nate Rubinstein	3/24
Lenny Drucker	3/28
Timna Liberman	3/29

Welcome to Park Plaza

Michael Pearl



In Memoriam

Susan Levitin



Mazel Tov



Seymour Lepp on the birth of a great-great-granddaughter



Renee and Rabbi Mel Lifsics on the birth of a great-granddaughter



Lee Taxer on the birth of a great-grandson



Elaine Stein on the Bar Mitzvah of her grandson



Mimi Lederman on the engagement of her grandson



Leila Handelman on the upcoming marriage of her grandson



Sol Harris on the engagement of his granddaughter



Evelyn Yellin on the engagement of her granddaughter



Mr. and Mrs. Dovid Stern on the birth of a great-granddaughter



Rabbi & Mrs. Wax on the birth of a great grandson



Rabbi & Mrs. Myers on the birth of a great grandson

Question of the Month

What was your first car and the best thing about your car?



Simmie Shandalov: A Buick. It was good to have to drive her kids and she was just happy to have it.



Maxima Wax: A Chevy Nova. It was small, efficient, worked, and was good to get groceries.



Rabbi Wax: A 1947 Nash. It was his.



Miriam Harris: A 1997 Toyota Corrola.



Chevy Nova



1947 Nash



1997 Toyota Corrola



Buick

From the Rabbi's Desk



Rabbi Eitan Allen

We are in the season of the Jewish month of Adar. We are doubly blessed as there are two Adars in this Jewish leap year. The Talmud tells us “Mishenichnas Adar Marbim B’simicha” when Adar comes in we increase our joy. So with two Adars, we have a longer season of Joy. Happiness is a key ingredient not only for Judaism but for life in general. We cannot interact well with our friends and our family when we are in a bad mood and it is hard to connect to our creator when we are not feeling Joy. In the second Adar, we celebrate the holiday of Purim, the pinnacle of joy. During the holiday we have four special Mitzvos that help us actualize our Joy. Let us examine these Mitzvos to better understand how to be joyful at this time of year.

The first mitzvah is Shalach Manos or gifts to our friends. Maintaining healthy and close relationships with our friends and family is a key ingredient to happiness. By fulfilling this mitzvah and giving others a little something we draw closer to them, increase our feelings of connection and thus increase our Joy.

The most famous mitzvah is the reading of the Megillah. We recount the story of the Jews in Persia, the heroism of Esther and Mordechai, and how God saved his people in hidden and miraculous ways. As we recount the Kindness of God we realize our indebtedness and our connection. Similar to the retelling of the story is the opportunity to be grateful every day. There is an idea to keep a daily gratitude journal where we write down the good things that happen to us every day. Similar to reading the Megillah if we do this it will help us feel close to God and certainly increase our Joy.

The third mitzvah is the festive Purim Seuda or meal. At a festive meal, we take time to savor our blessings. On Purim, we give thanks to all those around us and God’s blessing of salvation. We increase our joy by meditating on the good and surrounding ourselves with culinary delights which help to keep us in a happy mood.

Finally, we are told on Purim to give gifts to the poor. Giving to those less fortunate than we are makes us realize how much we have and giving is a proven way to increase joy.

So this Purim let us do all four of the Mitzvos of the day and thereby increase our happiness and joy!

Wishing everyone a great month and a happy Purim,
Rabbi Allen

Flowers



Let's Go Outside



Gardening



Sunday

Monday

Tuesday

Wednesday



Happy Purim



HAPPY PURIM

3 23 Adar I
 Hanna Sacks Bais Yaakov
 Presents: Snow Queen @
 2pm
 Daniela Bisenius Duo @ 1:45
 pm - Back Dining Room

4 24 Adar I

5 25 Adar I

6 Broadway in
 Presents
 Doubtfire th
 @ 1p

10 30 Adar I
 Ezra Habonim The Niles Township
 Congregation Presents: Ghosts of
 Purim - Shpiel: A Musical Parody @
 12:30 pm
 Junior Maxwell Klezmer
 Orchestra @ 1:45 pm - Back
 Dining Room

11 1 Adar II

12 2 Adar II

13 Lyric Opera o
 Verdi's ADIA @
 Departs @ 1
 Sullivan Sisters
 @ 6:45 pm - B
 Room

17 7 Adar II
 Carolyn Enger: The
 Mischlinge Expose @
 1:45 pm -
 Multipurpose Room

18 8 Adar II

19 9 Adar II
 The Park Plaza
 Players Presents: The
 Story of Queen Esther
 - Ella @ 1:45 pm -
 Back Dining Room

20 Chicago B
 Gardens: Th
 Show of W
 Yan Skladman
 - Back Dinin

24 14 Adar II
 Wilmetsky Klezmer Orchestra
 @ 1:45 pm - Back Dining Room
 Megillah Reading @ 8:45
 & 10:30 am
Purim

25 15 Adar II
Shushan Purim

26 16 Adar II

27 Outing to th
 Public Li
 Guitarist Str
 1:45 pm - Ba
 Roo

31 21 Adar II
 Violinist Aviva
 Chertok @ 1:45 pm -
 Back Dining Room



HAPPY Purim



2024

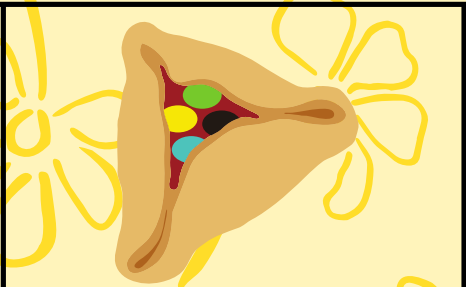
Wednesday

Thursday

Friday

Saturday

HAPPY PURIM



1 21 Adar I
Candle Lighting
 4:31-4:51 pm

2 22 Adar I
Havdalah
 6:25 pm

26 Adar I
 ... in Chicago
 ... Mrs.
 ... the Musical
 ... 1pm

7 27 Adar I

8 28 Adar I
Candle Lighting
 4:37-4:57 pm

9 29 Adar I
Havdalah
 6:33 pm

3 Adar II
 ... of Chicago -
 ... @ 2 pm - Bus
 ... @ 12:15 pm

... Folk Singers
 ... Back Dining
 ... Room

14 4 Adar II

15 5 Adar II
Candle Lighting
 6:38-6:58 pm

16 6 Adar II
Havdalah
 7:41 pm

10 Adar II
 ... Botanic
 ... The Orchid
 ... Wonders

... @ 6:45 pm
 ... Dining Room

21 11 Adar II
Fast of Esther

22 12 Adar II
Candle Lighting
 6:45-7:05 pm

23 13 Adar II
Havdalah
 7:49 pm
Megillah Reading @ 8 pm

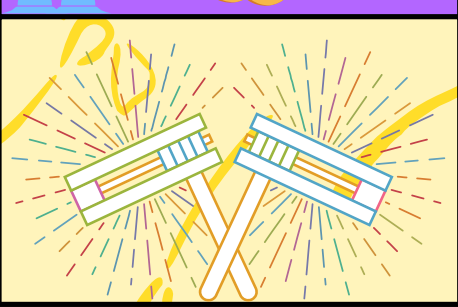
17 Adar II
 ... the Skokie
 ... Library

... Stu Frank @
 ... Back Dining
 ... Room

28 18 Adar II
**March Birthday
 Party @ 1:45 pm -
 Back Dining Room**

29 19 Adar II
Candle Lighting
 6:53-7:13 pm

30 20 Adar II
Havdalah
 7:57 pm



A Visit from Coco the Therapy Dog



A Visit from Coco the Therapy Dog



Arts & Crafts



Happy Birthday!!!



February Birthday Party



Sunday, March 3rd
Daniela Bisenius Duo @ 1:45 pm - Back Dining Room

Sunday, March 3rd
Hanna Sacks Bais Yaakov Presents: Snow Queen @ 2 pm - Bus Departs: 1 pm

Wednesday, March 6th
Broadway in Chicago Presents: Mrs. Doubtfire the Musical @ 1 pm - Bus Departs: 11:45 pm

Sunday, March 10th
Junior Maxwell Klezmer Orchestra @ 1:45 pm - Back Dining Room

Sunday, March 10th
Ezra Habonim the Niles Township Jewish Congregation Presents: Ghosts of Purim
- Shpiel: A Musical Parody - Bus Departs: 12:30 pm

Wednesday, March 13th
Lyric Opera of Chicago Presents: Verdi's ADIA @ 2 pm - Bus Departs: 12:15 pm

Wednesday, March 13th
Sullivan Sisters Folk Singers @ 6:45 pm - Back Dining Room

Sunday, March 17th
Carolyn Enger Mischlinge Expose @ 1:45 pm - Multipurpose Room

Tuesday, March 19th
Park Plaza Players Presents: The Story of Queen Esther - Ella @ 1:45 pm - Back Dining Room

Wednesday, March 20th
Chicago Botanic Gardens: The Orchid Show of Wonders - Bus Departs: 12:15 pm

Wednesday, March 20th
Yan Skladman @ 6:45 pm - Back Dining Room

Sunday, March 24th
Wilmetsky Klezmer Orchestra @ 1:45 pm - Back Dining Room

Wednesday, March 27th
Outing to the Skokie Library

Wednesday, March 27th
Guitarist Stu Frank @ 1:45 pm - Back Dining Room

Sunday, March 31st
Violinist Aviva Chertok @ 1:45 pm - Back Dining Room



**Thursday, March 28th
March Birthday Party
@ 1:45 PM Back Dining Room**

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