

Park Plaza Post September 2025



In Jewish tradition, honey cake, also known as lekach, is a staple of the Rosh Hashanah (Jewish New Year) meal, where it symbolizes a wish for a sweet and prosperous year ahead. The custom is particularly strong within Ashkenazi Jewish culture, where the recipe has a long history.

The most significant early association was with the initiation of new students into Jewish schooling (cheder). Children were given a slate with Hebrew letters, which were covered in honey to be licked off, associating the study of letters with sweetness. Honey cake was then served to celebrate the new scholar.

Honey cakes existed in various cultures before becoming prominent in Jewish tradition, but the term "lekach" first appeared in German Jewish sources around the Medieval period.

As a central part of the Rosh Hashanah meal, the honey cake represents the hope for a life filled with sweetness and blessings in the coming year. This is further reinforced by the holiday tradition of dipping apples into honey, another gesture for a sweet new year.

Let us celebrate the coming year 5786 with sweetness, prosperity, health, and the return of our hostages...BRING THEM HOME!

Shana Tova & Happy New Year from the team at Park Plaza.

Candle Lighting Times

September	Candle Lighting	Havdalah
9/5 - 9/6	5:56 - 6:16 pm	7:58 pm
9/12 - 9/13	5:46 - 6:06 pm	7:45 pm
9/19 - 9/20	5:35 - 5:55 pm	7:33 pm
9/22	6:27 - 6:47 pm	
9/23	7:27 - 7:47 pm	
9/24		7:30 pm
9/26 - 9/27	6:20 - 6:40 pm	7:20 pm

Announcements

September Birthdays

Mort Goldstein	09/05
Isac Kapulski	09/10
Rachel Lis	09/15
Jacqueline Steingold	09/23
Robert Abrams	09/25
Nancy Lamm	09/29

Welcome to Park Plaza

Rena and Sam Wylan

Angele Schreim

Barry Epstien

Estelle Frichner

Lois Sabol

Mazel Tov



Seymour Lepp on the engagement of his great-granddaughter, the birth of a great-grandson, and the engagement of his great-grandson.



Sora Block on the birth of a grandson.



Miriam Suss on the birth of a great granddaughter.



Sarah & Dr. Avraham Brandes on the engagement of their granddaughter.



Park Plaza's Director of Institutional Advancement, Elly Bauman and her husband Rabbi David Bauman on the marriage of their son, Ori.



Rena and Sam Wylan on the birth of a great granddaughter.

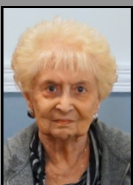


Sue and Lothar Kahn on the birth of a great grandson.

Condolences

To Shayna Rabinowitz on the passing of her father Rabbi Phillip Rabinowitz.

In Memoriam



Sharon Cohen



Bernice Goldstein



Rose Abrams

From the Rabbi's Desk



This September overlaps with the Hebrew month of Elul. If one counts from the previous Rosh Hashana, Elul is the twelfth and last month of the year. As we prepare to greet this year of 5786, it is a time of reflection and introspection. The year has had many highs and, of course, its lows. Some will be happy to move to another year, and some will be sorry to see this last year go. We have a month to prepare for the

High Holidays, our sage gave us hints to direct our focus when this time of year rolls around.

The famous Arizal notes that the Hebrew letters of the word Elul correspond to several scriptural verses. In Shemos we are told, "But for one who has not lain in Ambush and G-d has caused it to come to his hand, I shall provide you a place to which he shall flee." In this verse in Hebrew, the first letters spell out the word Elul. This teaches us that even though the year may have had its challenges, as we greet a new year and reach the month of Elul, we find our refuge in Hashem. There is an additional verse in Devarim that has the letters of the word Elul. The verse states, "Hashem, your G-d, will Circumcise your heart and the heart of your offspring." This verse highlights the need for us to be vulnerable and peel back some of our stubborn hearts, which often prevent us from doing what we know is right. The last verse I would like to point to is from the Song of Songs. Here, the verse says, "I am to my beloved and my beloved is to me." Here too, the verse in Hebrew starts with the letter of the word Elul. This most famous verse reminds us that at this time of year, Hashem is waiting to establish a close connection with us, and we should yearn for this connection from Him.

Ultimately, these verses, as well as others, teach us that this last month of the year is a very auspicious time for closeness to G-d. As we replay the year in our heads, we should get ready for another special year. May this time of introspection be meaningful, and may we greet the following year with joy. As the blessings go, may the best day of this year be the worst day of next year.

Blessings for a wonderful month,

Rabbi Allen



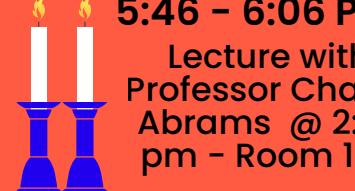
Ice Cream Social



Ice Cream Social



Sunday	Monday	Tuesday	Wednesday
	1 8 Elul Labor Day	2 9 Elul	3 Shopping Tree & Rose @ 1:30 The Wave 6:45 pm Dining
7 14 Elul Roger Menning's Orchestra @ 1:45 pm - Front Outdoor Patio	8 15 Elul Dairy Star Ice Cream Outing @ 2:30 pm	9 16 Elul	10 Lunch at Eve Cafe & Sarah's Tea Yan Sklar 6:45 pm Dining
14 21 Elul	15 22 Elul	16 23 Elul Bee Keeper Lecture @ 3:45 pm - Activity Room 104 Ridgeville Band @ 6:45 pm - Front Outdoor Patio	17 Northlight in Skokie The First Television Lunch @
21 28 Elul Crook County Blues Band @ 1:45 pm - Front Outdoor Patio	22 29 Elul CANDLE LIGHTING 6:27 - 6:47 PM  Erev Rosh Hoshana	23 1 Tishrei CANDLE LIGHTING 7:27 - 7:47 PM Guest Lecture: Rabbi Simcha Lefton @ 4:30 pm - Room 104 Rosh Hashana 5786	24 HA 7  Guest Lecture: Mindy Reis Activity R Rosh Ha
28 6 Tishrei Klezmer Music Violinist Aviva Chertok @ 1:45 pm - Multi-purpose Room	29 7 Tishrei Tashlich with Rabbi Allen - Indian Boundary Park @ 1:15 pm	30 8 Tishrei	

Wednesday	Thursday	Friday	Saturday
10 Elul g at Dollar ss in Skokie 0 pm hunters @ n - Back Room	4 11 Elul Town Hall Meeting with Hillel & Team @ 1:45 pm - 2nd Floor Aviary Lounge	5 12 Elul CANDLE LIGHTING 5:56 - 6:16 PM 	6 13 Elul HAVDALAH 7:58 PM 
17 Elul ve's Garden shop at nt @ 12 pm adman @ n - Back Room	11 18 Elul Cooking Demonstration with Chef Danny Corsun - Renowned Chef from the Culinary Judaic Academy in Hollywood, California @ 1:30 pm - Activity Room 104	12 19 Elul CANDLE LIGHTING 5:46 - 6:06 PM Lecture with Professor Charlie Abrams @ 2:30 pm - Room 104 	13 20 Elul HAVDALAH 7:45 PM 
24 Elul nt Theater Presents: t Lady of on - Early @ 11 am	18 25 Elul September Birthday Party @ 1:45 pm	19 26 Elul CANDLE LIGHTING 5:35 - 5:55 PM 	20 27 Elul HAVDALAH 7:33 PM 
2 Tishrei HAVDALAH 7:30 PM re: Rebettzin s @ 4 pm - Room 104 shana II	25 3 Tishrei	26 4 Tishrei CANDLE LIGHTING 6:20 - 6:40 PM 	27 5 Tishrei HAVDALAH 7:20 PM 
		HAPPY Rosh Hashanah 	

Ice Cream Social



1950s Sock Hop



Ice Cream with TOV Teens



Ice Cream with TOV Teens



Happy Birthday!



Birthday Party!

